



LIVE AND LEARN FAMILY NEWS JANUARY 16, 2017

Helpful Tips!

Live and Learn has two parking lots. One on either side of the building. When one is full please try the other parking lot during heavy traffic pick-up times. We want to make sure everyone is safe and has a proper parking space.



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Please visit our
website
(live-learn.org) for
NEW pictures and
calendars!

Please be aware!

We are closed this Monday January 16th for Martin Luther King Day and for Staff Training.

Oyster River Schools are closed Monday January 23rd. Live and Learn will be Open.



Gerry's Kitchen



Black Bean Cakes

Ingredients:

- One 15-ounce can black beans, rinsed and drained
- 1 Cup Frozen Kernels, Defrosted
- 1/2 Cup Shredded Cheddar Cheese
- 1/4 Cup Chopped Cilantro
- 1/4 tsp. Garlic Powder
- 1/4 tsp. Onion Powder
- 2 TBSP. Bread Crumbs
- 1 Large Egg
- Vegetable or Canola Oil , for cooking

Directions:

1. Place all the ingredients except the oil in a food processor and puree (it's fine if the puree has a few little chunks).
2. Heat the oil in a large sauté pan over medium heat.
3. Place 1 TBSP. of the bean mixture in the pan. Using the back of a spoon, spread the mixture into an even circle. Repeat to fill the pan with patties, keeping a bit of room between each.
4. Cook for 3 minutes, flip onto the other side, and cook for another 3 to 4 minutes, until cooked through. It is very important to be patient and cook the patties a full 3 minutes before flipping or they may break apart. Set the patties aside when they are done.
5. Cook the remaining patties, adding 1 TBSP. of oil for each batch.
6. Serve with your desired accompaniments.



The infants explored some new sensory materials this week. The children explored fresh snow and even got to paint on it! Water beads was also a big hit. We felt them with our hands and the younger children looked at them in a sensory bottle. Some of the younger infants have been working very hard at learning to sit independently. We are all growing so quickly! Have a great long holiday weekend.



Infants





Younger Toddlers

Another great week in the Younger Toddler room! We played in the snow in the beginning of the week, which then inspired an art project with white paint and sparkles! They looked just like the snow. We also enjoyed having plenty of dance parties inside when it was very cold, and when it warmed up we put on our rain pants and boots and adventured back outside for the spring-like weather!



Older Toddlers

This week older toddlers spent a lot of time outside! We stomped in puddles on Wednesday and Thursday and bundled up to play in the snow on Monday and Tuesday. It has been nice to have the sand back in the sand area! Inside we made squish paintings and filled the sensory table with wood pellets, small construction vehicles, shovels and plastic bugs! We also made brownies to help Danielle in infants celebrate her birthday!

We are closed on Monday. The staff will be in a full day training.

Younger Preschool



Such a fun week in younger preschool busy as always! We can't get enough of this nice weather...we soaked up as much of it as week could including all the water we found! We have also been on an ongoing bear hunt looking for the bear and his cave.

We have been extremely interested in bears and learning so much about hibernation, where they live and what they eat. We have been creating characters from our favorite bear books. Have an awesome weekend!!





Older Preschool



This week has been so much fun!
We loved sledding in the beginning of the week and playing in the puddles and mud by the end!

We went on many nature walks, made new play dough and a new magnetic sensory bottle, used the water beads with the marble tracks, and made new placemats!

We are closed Monday - enjoy the long weekend! :)



Kindergarten



We had an awesome week in kindergarten! The weather was lovely, which sent us outside as much as possible for some nice fresh air! The children continue to explore ramps and pathways, investigating what propels the wooden ball down or up the ramps. They had a blast splatter painting and exploring color mixing using tissue paper for creative arts! We continue working on handwriting and print. The children loved playing hop scotch and tick tack toe on the floor of the classroom, great numeracy practice! Have a great weekend and we'll see you next week!



Just keep swimming...

Have you ever seen a puddle the size of a pond??? We'll leave it to rising Hawk to find it! We have turned from children to rubber ducks playing and exploring in all the water that we could find. Stay dry this weekend and enjoy... did you know Saturday January 14th is national rubber ducky day???

Have a great LONG weekend!

Rising Hawk